



What's Pain

Pain is an unavoidable felling throughout life's hurdles
pain is arguably one of life's best teachers
no matter if the pains are internal or external –

for many pain refines or defines character
for others some never learn their release valves
so the pain remains an immovable barrier –

unfortunately pain is a product that is constantly bottled
pain generates more ratings and sales
just look at the news and financial institutions
that refuses to loan constantly begging to borrow –

pain is the killer of love and so many homes
pain can make us feel so alone
pain makes the easiest things to do so complicated
like sharing or picking up a phone –

pain incarcerates you living amongst society
for many pain is the barometer of delusions and sobriety
regardless our darkness we must never loose sight of the fact
it is our higher powers that are our hierarchy –

undoubtedly directly or indirectly we've all participated in pain
however love and humility cures all even the incurable
regardless your, cultures, races, situations or names –

What's pain was inspired by my mother Brenda May Jackson.

My mom was an orphan at a very young age because of my grandparents passing. She didn't have a network of love, humility or support besides her two younger brothers Charles and Paul Jackson. However to date my mom lives by and encourages, "You are never too old to do what you're supposed to do or what you want to do. Regardless our histories, experiences, obstacles, etc. – love yourself and others even if love has never known you."

To my moms, although I've always found a way to push your buttons as you've always found that way to push mines – know I love you.

You instilled so many qualities that I always took for granted. Sincerely I apologize for all the let downs but it is you and those qualities you instilled that allows me to bounce back and excel every trip.

Written (12/08/16) by Clifton A. Jackson

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